

Part 4: A Day Without Seeds

<https://vimeo.com/310837276/ab394074cb>

∞ Do seeds play an important role in your life?

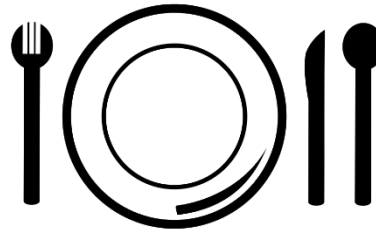
Biological traits -

Join the author of *The Triumph of Seeds*, Thor Hanson, on this reflective journey.

Record examples of how seeds impact the various parts of **your** life.



Wake up...



Breakfast...



Lunch...

